

Besides getting some valuable workplace experience, you'll also be wanting to leave your mark on the employer, in the hope that you might come away with a good reference, some useful career contacts, and perhaps even an offer of employment.

Here are our tips for what NOT to wear.

No loud patterned clothes or t-shirts with inappropriate wording!

It's not a fashion parade: this isn't the time to showcase your glitzy wardrobe. Minimal jewellery and accessories

It's important to be comfortable, but not too comfortable! Trackies, singlets, board shorts and caps are great for hanging around on the weekend- but not so great for work experience

There's a good chance you will be on your feet all day, so wearing comfortable shoes is critical! Unless you are Victoria Beckham, we suggest leaving the high heels at home

You want to look professional, so steer clear of anything you would wear out partying!