

BUT BEWARE! Most businesses are pretty good, however there are a number of dodgy operators who try to use unpaid work schemes as an alternative to hiring paid workers.

You are probably being exploited if you find yourself:

- Working long, set hours
- Being financially disadvantaged
- Doing the work of a paid employee

#### UNPAID INTERNSHIPS ARE

- Advertised as unpaid
- Selected hours
- Mainly observational
- A beneficial experience

Most industries offer unpaid internships, so it pays to look around. Take a few of these for example:

- Travel and tourism Industry
- The fashion industry
- Law firms and legal service
- Commerce
- Human resources
- Engineering
- The Arts
- Government Departments
- Political parties
- Retail
- Information and Technology

**REMEMBER:** Be prepared to do the groundwork! Sometimes internships are advertised, but don't wait, phone around, ask questions and get your name out there!



You could start by exploring the Australian Internships website for information, advice and an up to date list of possible placements.



#### UNDERSTAND YOUR RIGHTS

Get to know the line between unpaid internships and paid employment by heading to the Fair Work Ombudsman website for more information.



And here's a little more about the pros and cons of the unpaid internship experience.